

Heart&Stroke

**BIG
BIKE**



RIDE BIG. LIVE BIG.

START A BIG BIKE TEAM TODAY!

Enjoy the most fun you can have on wheels while making a big impact in your community. Ride the **29 seat Heart&Stroke Big Bike** and raise funds for life-saving research that creates more survivors.

Register online at bigbike.ca or contact your Heart and Stroke Foundation representative to lock in these great benefits:

- A memorable team-building experience
- Awesome individual and team thank you prizes
- No registration fee

THE
FOUR
R's:

REGISTER

bigbike.ca

RECRUIT



RAISE FUNDS



RIDE



Presented by:



HEART &
STROKE
FOUNDATION



THANKS TO FUNDRAISING — a mother and son are safer.

Imagine learning that you've passed a deadly heart defect on to your child. That's what April Kawaguchi found out when DNA testing revealed that her son Andrew had inherited her heart condition, which can cause sudden cardiac arrest and death.

Family history can double your risk of heart disease and stroke. That's why the Foundation funds the best medical minds to stay on the cutting edge of genetic research. When you take part in Big Bike and fundraise, you're supporting this research, which will create a safer future for all families.

Doctors predict the remaining 80% of the genetic mystery involved in heart disease and stroke could be discovered in the next 5 years. But only if research continues.

Help make that happen.

FUNDRAISE TO EARN THANK YOU PRIZES



RECEIVE A **T-SHIRT**
AND **GIFT CARD** WHEN
YOU RAISE **\$200+**

*2015 Big Bike t-shirt shown above.

LEVEL 6

RAISE \$1,000+

T-SHIRT + \$100 GIFT CARD

LEVEL 5

RAISE \$500 - \$999

T-SHIRT + \$30 GIFT CARD

LEVEL 4

RAISE \$400 - \$499

T-SHIRT + \$20 GIFT CARD

LEVEL 3

RAISE \$300 - \$399

T-SHIRT + \$15 GIFT CARD

LEVEL 2

RAISE \$200 - \$299

T-SHIRT + \$10 GIFT CARD

LEVEL 1

RAISE \$100 - \$199

T-SHIRT

TEAM THANK YOU

If your team fundraises **\$5,000 or more**, each team member will receive a thank you medal commemorating the team's achievement. Be recognized as the team that goes the distance to make a difference.



RAISE \$5,000
BY EVENT DAY



MEDAL FOR EACH
TEAM MEMBER

STEPS TO REGISTER ONLINE



Registering online is easy!
Visit **bigbike.ca** today.

1 VISIT bigbike.ca

2 CLICK on the "Start a Team" button

3 SEARCH for your ride

4 FILL in the required information



**HEART &
STROKE**
FOUNDATION

Register your team today at **bigbike.ca**

#RideBigLiveBig

COORDINATOR CONTACT DETAILS